#### THE ANTONI DE GIMBERNAT GRANT

# Essential and/or clinical research into the applications of laser in medicine and surgery

## **HOW TO SUBMIT A PAPER 2008 EDITION**

The ANTONI DE GIMBERNAT GRANT gives preferences to papers dealing with the clinical and research advances in the application of laser in medicine and surgery. The judgement by the Scientific Committee is not subject to any appeal whatsoever. The awarding of the grant may be void as a result of the submittal of defective papers. Consequently, the grant money would be carried over for the following year's Grant.

Total grant money amounts to 20,000 € allocated to the best paper. Selection shall take place among those papers presented prior to 15th September of the corresponding year.

# **Originals**

Papers on the applications of laser in medicine and surgery researching into etiology, physiopathology, pathology, epidemiology, clinics, diagnosis, prognosis and treatment. It is recommended for designs to be of an analytical nature in the form of transversal surveys, case studies and controls, cohort studies and controlled clinical trials. The recommended length is 12 pages of 30 lines, with 60-70 characters per line. Up to six figures and six tables will be admitted. It is advisable for there to be no more than six signees. A maximum of 30 bibliographical references shall be included. Descriptive papers of a retrospective nature shall not be accepted if they do not contain statistical treatment. Units of measure shall be expressed as per the conventional system, or in accordance with the *système international*.

The title, keywords and a structured summary totalling some 250 words must be included.

## Presentation and structure of the papers

Papers may be submitted in Spanish or English. Grant winning papers shall remain the property of the FUNDACIÓN ANTONI DE GIMBERNAT, and may no be reproduced either in whole or in part without the express permission of the FUNDACIÓN ANTONI DE GIMBERNAT. In the event of publication, the author cedes exclusive rights to the FUNDACIÓN ANTONI DE GIMBERNAT to reproduce, distribute, translate and publicly

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divulge the prize-winning paper (by means of whichever medium or support, including audio, audio-visual and electronic).

No paper that has been published or submitted for participation at the same time in any other competition for publication shall be accepted. Please send your original manuscript together with three photocopies thereof, in addition to copies of the iconography. The whole manuscript, including figures and tables, shall be sent on a diskette specifying the name of the file and the programme used for processing the text.

Papers shall be presented in DIN A4 (210 by 297 mm) double space format (30 lines of 60-70 characters). Each sheet shall be numbered consecutively at the bottom-right of the page. Each section of the manuscript shall begin a new page and shall keep the following order:

1. On the *first page* of the article, the following data shall be included in the order set out below: the title of the article (in Spanish and English), the full name and one or two surnames of the authors, the full name of the place of work and full address, postal address and fax and e-mail address, and all other specifications considered necessary.

For corporate authors, there should be at least one signee and a maximum of six. The remaining participants shall be included in an *addendum*.

2. Text. It is recommended for the text to be written in the impersonal style. The work should be clearly broken down into sections, and it is desirable for the following general format to be adhered to:

# Introduction, Patients or Subjects and Methods, Results and Discussion

- a) Introduction. This shall be brief and shall only provide the necessary explanation so that the reader may comprehend the text below. It shall contain neither tables nor figures. It shall include a final paragraph clearly outlining the aims of the work. Whenever an author wishes to publish an uncommon observation, the text must specify the method of bibliographical research, the keywords used and the years included in the search.
- b) Patients (Subjects, Material) and Methods. This section shall indicate the centre where the work, experiment or research was carried out, its duration, the characteristics of the series studied, the selection criteria used, the techniques used, always providing sufficient details as to allow the repetition of a certain experiment on the basis of the information provided. All statistical methods shall be described in detail.

- c) Results. They relate and do no interpret the observations made with the method used. Such data shall be presented in the text with complementary tables and figures.
- d) Discussion. The authors shall present their own opinions on the matter in hand. Here they shall highlight: 1) the significance and practical application of the results; 2) the considerations with regard to possible inconsistencies in the methodology and the reasons why the results may be valid; 3) the relationship with similar publications and a comparison between the areas that agree and those that disagree, and 4) the indications and guidelines for future research. Likewise, the discussion section should not just review the subject dealt with, merely repeating the concepts that have already been treated in the introduction.
- e) Acknowledgements. When the author feels it is necessary, the persons, centres and entities that have collaborated or supported the work shall be cited. If any commercial involvement exists, such involvement shall be stated in this section.
- f) Summary. Summaries shall be done in Spanish and English. The extent of the Summary shall not exceed 250 words and neither shall it fall short of 150. The contents of the summary are divided into four sections: Introduction (which shall also include the aim of the study), Patients and Method, Results and Conclusions. Each of these shall contain a description of the problem that gave rise to the research, how the research was performed, the most notable results and the conclusions that may be drawn from the results. The keywords shall appear at the end of the summary in accordance with those included in the Medical Subject Headings de *Index Medicus*.
- 3. Bibliographical references. These shall be listed in the order in which they appear in the text and shall be numbered consecutively. The paper shall always contain the numbering of the quotation in superscript, whether or not it is accompanied by the authors' names; when authors are referred to in the text, if the mention is of a piece of work done by two, both shall be mentioned, and if referring to several, the first shall be cited followed by the expression *et al*.

The names of the journals shall be abbreviated in accordance with the style employed by the *Index Medicus*: consult the «List of Journals Indexed» which is included yearly in the January issue of *Index Medicus*. This is also available at: http://www.ncbi.nlm.nih.gov/entrez/jrbrowser.cgi In so far as is possible, textbooks and the minutes of meetings should not be mentioned in the bibliographical references.

Whenever possible, the use of imprecise phrases as bibliographical references shall be avoided and no «unpublished observations» or «personal communications» may be used for such purposes. They may however, be cited in brackets within the text.

Bibliographical references shall be checked by comparing them with the original documents, and the start and end pages of the citation shall always be recorded.

- 4. Photographs shall be carefully selected. Every attempt shall be made for their good quality and those photographs that do not contribute to a better understanding of the text shall be omitted. They shall measure 9 x 12 cm. Photographic copies must be of the highest quality; they shall be submitted in such a way that all opaque bodies (bones, contrast substances) appear white. The photographs shall be numbered on the back by means of an adhesive sticker, and shall contain the name of the first author, and an arrow shall indicate the top of the photograph; the backs of photographs should not be written upon as this may lead to the creasing of the photograph. Illustrations shall be submitted separately, in an envelope; their legends shall be typewritten on a separate sheet. Whenever deemed necessary, graphic resources shall be used (arrows, asterisks) to highlight the essential part of the photograph. In so far as possible, the patients' identification shall not be revealed. In the event that this were not possible, the patient's written consent must be obtained for the reproduction of the image.
- 5. Graphs (a maximum of six) shall either be done by computer and shall be printed in the best possible quality, or may be drawn in black china ink, taking care to ensure the format is 9 x 12 cm or a multiple thereof. The same rules as in section 4 for photographs shall be implemented. Both photographs and graphs shall be consecutively and jointly numbered, as figures.
- 6. Tables shall be submitted on separate sheets and shall include: *a)* the numbering of the table with the Arabic numbering; *b)* the corresponding heading (title), and *c)* one sole table per sheet. Every attempt shall be made for tables to be clear and free of rectifications; symbols and abbreviations shall always be accompanied by an explanatory footnote. If a table requires more than one sheet, the headings shall be repeated on the following sheet. Tables shall be admitted provided they occupy a maximum of one printed page of the journal. When a statistical study has been performed, an indication shall be given at the foot of the table as to the technique employed and the degree of significance, if they have not been included in the table text.
- 7. The Scientific Committee of the FUNDACIÓN ANTONI DE GIMBERNAT Grant shall acknowledge receipt of all papers sent and shall inform as to the results of their review. Whenever the Scientific Committee suggests amendments to the papers or requests the

clarification of any particular point, the authors shall send, together with the amended version and three copies thereof, a letter explaining the amendments in detail, including both those suggested by the Committee itself and those that appear on the reports of any experts consulted. When the Scientific Committee so wishes, the paper shall be accompanied by a diskette specifying the name of the file and the programme used for processing the texts.

8. All papers shall be addressed to: FUNDACIÓN ANTONI DE GIMBERNAT Annual Grant c/o. Instituto Médico Vilafortuny, Av. Vilafortuny, 31 E-43850 CAMBRILS (Tarragona), Spain

A cover letter should accompany the work. Here, the author(s) shall clearly state that the work has not been published previously, that all authors agree as to its content and that they cede all rights to the FUNDACIÓN ANTONI DE GIMBERNAT. Protective envelopes are highly recommended for this purpose.